



Explore Southern Sicily

8 days, Catania to Palermo

Trip code EISS

What's included

- Your Welcome Moment: Meet Your CEO and Group
- Your Hands-On Moment: Arancini Cooking Class, Syracuse

- Orientation walks in Syracuse and Palermo
- Villa Romana del Casale Visit
- Visit to Ragusa
- Valley of the Temples Guided Tour
- Monreale Cathedral Visit

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing December 8th, 2020 and onwards

Itinerary



NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Day 1

Catania

Arrive at any time. Tonight, meet your CEO and fellow travellers at the welcome meeting, then opt to head out for dinner and enjoy your first Sicilian meal.

We recommend booking an additional night in Catania in order to take part in the optional Catania Food Tour should you wish to take part in that activity. In addition, special meal requirements cannot be accommodated.



Accommodation

Best Western Hotel Mediterraneo (or similar)

Hotel



Today's Activities

ACTIVITY

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.



Optional Activities - Day 1

Catania Food Tour

Catania

Head out on the town with a local expert, discovering the culinary delights of Catania's vibrant food scene. Stroll through picturesque alleyways and marvel at the iconic landmarks while sampling classic treats like arancini, cannoli, fried fish, and flavourful cipollina. You're sure to be captivated by the colours, aromas, and lively energy found in the historic Pescheria Market, as your guide uncovers Catania's rich, local history. This is, quite possibly, the perfect way to spend an afternoon.

Travel to Syracuse, an enchanting city by the Ionian Sea that was once at the centre of the ancient Greek and Roman worlds. Take a cooking class on arrival and learn how to make Arancini – an iconic Sicilian specialty – to enjoy as a light lunch! Later, explore the old town's baroque piazzas and medieval side streets with a CEO-led orientation walk.



Meals included

Breakfast | Lunch



Accommodation

Hotel Gran Bretagna Siracusa (or similar)

Hotel



Today's Activities

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Private Vehicle

Catania – Syracuse

1h

70km

Settle in and scan the scenery from the convenience of a private vehicle.

ACTIVITY

Learn how to prepare a delicious snack enjoyed beyond the borders of Sicily: deep-fried arancini, a ball of creamy risotto rice typically filled with a savoury cheese or meat filling.

Day 3

Syracuse

Enjoy a full free day in Syracuse. Opt to visit the impressive Parco Archeologico della Neapolis, or travel to nearby Noto, a UNESCO World Heritage listed city renowned for its baroque architecture built with a unique golden limestone.



Meals included

Breakfast



Accommodation

Hotel Gran Bretagna Siracusa (or similar)

Hotel



Today's Activities

Free Time

Syracuse

There's lots to see and do. Get out and explore!



Optional Activities - Day 3

Noto Visit

Noto

12EUR

Take a local bus to Noto, about an hour southwest of Syracuse. Home to one of Sicily's most beautiful historic centres, stroll through the Arco di Trionfo to reach Corso Vittorio Emanuele and visit the majestic 18th century Noto Cathedral.

Parco Archeologico della Neapolis Visit

Syracuse

10EUR

Uncover the city's ancient past at the Parco Archeologico della Neapoli, home to Syracuse's sprawling Teatro Greco. First constructed in the 5th century BC, today visitors can wander the grounds and imagine what 2nd century gladiator combats and horse races at the Anfiteatro Romano may have looked like.

Day 4

Syracuse/Agrigento

Travel to the baroque city of Ragusa before heading to the medieval hilltop town of Piazza Armerina. Visit the world's most varied collection of Roman mosaics at Villa Romana del Casale. Known for their incredibly well-preserved state "in situ", or in their original location, observe ancient scenes of hunting, fishing and athletics depicted beautifully in mosaic tile. Continue to Agrigento.



Meals included

Breakfast



Accommodation

Colleverde Park Hotel (or similar)

Hotel



Today's Activities

Private Vehicle

Syracuse - Ragusa

1h45m

90km

Settle in and scan the scenery from the convenience of a private vehicle.

Ragusa Visit

Ragusa

Enjoy some free time to explore the alleyways and the squares of this hilltop city, rich with baroque architecture.

Private Vehicle

Ragusa - Piazza Armerina

1h45m

100km

Settle in and scan the scenery from the convenience of a private vehicle.

Villa Romana del Casale Visit

Piazza Armerina

2h30m

Admire the finest Roman floor mosaics in existence at Villa Romana del Casale, a UNESCO World Heritage Site. Dating back to the 4th century, the villa's exquisitely preserved mosaics and frescoes are outstanding examples of early Roman art. To get even more out of your visit to the luxury countryside villa, opt to upgrade to a guided tour.

Private Vehicle

Piazza Armerina - Agrigento

1h45m

100km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 5

Agrigento/Trapani

Take a guided tour of the Valley of the Temples, one of Sicily's best-known attractions. Learn the history of this magnificent site as you explore the ruins of its seven temples, nestled on a ridge below Agrigento. Continue to Trapani, stopping en route in Marsala to see some of Europe's oldest salt marshes.



Meals included

Breakfast



Accommodation

B&B Hotel Trapani Crystal (or similar)

Hotel



Today's Activities

Valley of the Temples Guided Tour

Agrigento

2h

Regarded as the best example of ancient Hellenic architecture in Sicily, the Valley of the Temples' oldest structures date back to the 5th century. Explore the ruins of the Temple of Concordia, with its majestic columns, and learn about the site's history from a local guide.

Private Vehicle

Agrigento - Marsala

2h30m

135km

Settle in and scan the scenery from the convenience of a private vehicle.

Marsala Salt Marshes

Marsala

Visit some of Europe's oldest traditional salt marshes, where sea salt is still harvested in the same way it's been for hundreds of years.

Private Vehicle

Marsala - Trapani

45m

32km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 6

Trapani

Enjoy a free day to explore the charms of Trapani and its nearby towns. Opt to cruise the idyllic Egadi Islands, spend the day hiking at a nature reserve filled with local flora and fauna, or hop on a funicular to explore the walled town of Erice.



Meals included

Breakfast



Accommodation

B&B Hotel Trapani Crystal (or similar)

Hotel



Today's Activities

Free Time

Trapani

Take the day to explore Trapani at your leisure.



Optional Activities - Day 6

Egadi Islands Excursion (Full-Day)

Isole Egadi

50-75EUR

The crystal-clear seas off western Sicily are home to the idyllic Aegadian islands of Favignana and Levanzo. Cruise through the coastal waters and drop anchor in beautiful spots around the islands.

Erice Excursion (Half-Day)

Erice

9EUR

Head to the medieval hilltop town of Erice, a walled 12th century village perched high above the sea. Take a cable car from Trapani's city centre to reach Erice and spend a few hours wandering its picturesque streets.

Riserva Naturale dello Zingaro Excursion (Full-Day)

Zingaro Natural Reserve

50-70EUR

Visit the Riserva Naturale dello Zingaro, Sicily's first nature reserve located about an hour from Trapani. Perfect for nature-lovers and outdoor enthusiasts, spend the day hiking on spectacular trails that overlook the Mediterranean Sea.

Day 7

Trapani/Palermo

Travel to Monreale to visit the 11th century Monreale Cathedral, intricately decorated with thousands of gold mosaic tiles. Admire panoramic views of the Conca d'Oro (Golden Valley) and the Tyrrhenian Sea. Continue to Palermo and enjoy a CEO-led orientation walk upon arrival.



Meals included

Breakfast



Accommodation

B&B Palermo Quattro Canti (or similar)

Hotel



Today's Activities

Private Vehicle

Trapani - Monreale

1h30m

110km

Settle in and scan the scenery from the convenience of a private vehicle.

Monreale Cathedral Visit

Monreale

1h

Visit the World Heritage-listed Cattedrale di Monreale, or Monreale Cathedral, considered one of Europe's greatest examples of Norman architecture with a heavy Moorish and Byzantine influence.

Palermo Orientation Walk

Palermo

Enjoy a brief walk with your CEO along the squares and the streets of Palermo, this city has been the crossroad of so many civilizations from Phoenicians to Byzantines, from Arabs to Normans and Spaniards. Walk around to see baroque and gothic façades, neoclassical theatres as Teatro Massimo, the biggest in Italy and one of the largest of Europe, very unusual squares as Quattro Canti, and the majestic Palermo Cathedral.

Private Vehicle

Monreale - Palermo

15m-30m

20km

Settle in and scan the scenery from the convenience of a private vehicle.

Day 8

Palermo

Depart at any time.



Meals included

Breakfast



Optional Activities - Day 8

Palermo food tour

Palermo

There's no better way to connect with a new city than by exploring the local food scene, so dive into Palermo with this street food and market tour. Set off on foot from Central Station and whet your palate with several popular street food options as you amble through Corso Vittorio Emanuele, toward towards Piazza Pretoria and its fabulous fountain. Explore Palermo as it is meant to be seen, off the beaten path. You'll leave with a full belly and a greater understanding of what makes Palermo so special.

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- Orientation walks in Syracuse and Palermo
- Visit to Ragusa
- Villa Romana del Casale Visit
- Valley of the Temples Guided Tour
- Monreale Cathedral Visit

What are the main highlights of this trip?

Take a cooking class and learn how to make iconic Sicilian dishes, Wander the narrow streets of Ortigia, Admire one of the most well-preserved multi-coloured floor mosaics from Roman times, Discover one of the best-preserved ancient Greek temples in existence, Visit the cathedral in Monreale and witness the finest example of Norman architecture in Sicily

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Is there a disclaimer I should read before booking this trip?

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Is there an itinerary Disclaimer?

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

What important notes should I be aware of before the trip?

ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

LOCAL GUIDES

It is important to note that in Europe, all guiding is based around local guides all of whom are licensed to work only in a particular city. As such, our leaders are able to provide orientation walks which will show you the layout of each town and city as well as the location of local services such as post offices and laundromats, but are unable to legally share historical facts and figures in public places.

LUGGAGE

In Europe it is very rare to find elevators in train stations, hotels or other public places. We use public transport on this trip, which means you will need to carry your luggage from platform to platform, in and out of trains and buses etc. and also possibly up several flights of stairs. You will also need to be able to stow your luggage safely on trains and buses. It is therefore essential that you pack light and bring luggage which is compact and lightweight, and which you can easily transport. The carrying of your luggage remains your responsibility at all times. We highly recommend travelling with a backpack or duffel bag over any wheeled luggage options.

OPTIONAL ACTIVITIES NOTE:

During high season in Europe (May-October) we highly recommend booking reservations for any popular optional activities/museum tickets etc. in advance to avoid encountering sold-out activities on the ground while on tour.

What is the group leader like?

This G Adventures group trip is accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects.

How large will the group be?

Max 16, Avg 12.

What meals are included in this trip?

7 breakfasts, 1 lunch

What are the meals like on this trip?

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

What are the modes of transportation on my trip?

Private vehicle, walking.

Is there an extra cost for travelling solo?

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Where will we stay during the trip?

Hotels (7 nts).

Will I get my own room?

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

What kind of accommodation can I expect on this trip?

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

What are the joining instructions?

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

From Catania airport (CTA), you can reach the city centre in a few ways. You can take the Interbus (routes Siracusa or Ragusa) directly to the central bus station.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - [Welcome Pickups](#)

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

What happens if I experience problems when arriving?

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If you are unable to get in touch with your leader, please refer to our emergency contact details.

Who should I contact in case of an emergency?

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

EMERGENCY CONTACT NUMBERS

G Adventures Office London, United Kingdom

During Office hours (Weekdays, 9am-5:30pm Local Time)

+44 20 7243 9870

For absolute emergencies after office hours please contact: +441858378000

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What instructions should I follow at the finishing point?

PALERMO:

BUS

The cheapest way to get to Palermo airport is by bus. Terravision offers a bus transfer that connects Palermo City Centre with the Airport.

The journey takes approx. 60 minutes and the buses depart every 30 minutes from 05:00am to 00:30am. The closest stop to our hotel is Piazza Castelnuovo (7-10 min walk from Hotel Tonic). The ticket price is €6, Tickets are valid for all buses on the day, and you can purchase the ticket online.

TAXI

If you want reduce travel stress, taxi is the best option. Taxi fares from/to Palermo Airport are around 35-40 EUR.

What should I take on my trip?

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

What should be on my packing list?

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Headphones (Noise-cancelling recommended)
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Hand sanitizer
- Pen (Please bring your own pen for filling out documents.)

When can I do my laundry on this trip?

Laundry facilities are offered by some of our hotels for a charge or ask your CEO where the closest laundromat is. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

What the visas and entry requirements for my trip?

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

For other nationalities, travelling in Europe has been simplified with the introduction of the Schengen visa. As a visitor to the Schengen area (Austria, Germany, Netherlands, Belgium, Greece, Norway, Denmark, Iceland, Portugal, Finland, Italy, Spain, France, Luxembourg, Sweden, Czech Republic, Hungary, Estonia, Latvia, Lithuania, Malta, Poland, Slovakia, Slovenia and Switzerland) you will enjoy the many advantages of this unified visa system. Generally speaking with a Schengen visa, you may enter one Schengen country and travel freely throughout the Schengen region during the validity of your visa. There are limited border controls at Schengen borders, if any at all.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

A Schengen visa is applied for at the Embassy or Consulate of the Schengen country in which you will be spending the most nights on your trip to the Schengen space. If you are only visiting one country on your trip then you apply for your visa at the Consulate of this Schengen country.

As of 2025, various European countries are introducing ETIAS travel authorisation as an entry requirement for visa-exempt nationals.

We highly recommend you checking in advance how your nationality and country/s you are visiting may be affected. Further details can be found [here](#)

Last updated: January 27th 2025

How much spending money do I need for my trip?

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

What should I know about currency, credit cards, and exchanging money while on this tour?

Italy is in the Eurozone and the unit of the currency is the Euro.

Credit cards and debit cards are very useful for cash advances but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs). Both Cirrus and Plus system cards are the most widely accepted debit cards. Visa cards are the most widely accepted credit cards. While ATMs are commonly available, there are no guarantees that your credit or debit cards will actually work in Italy - check with your bank. You should be aware when purchasing products or services on a credit card, that a fee usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of Euros, traveller's cheques and cards is best. Avoid relying on traveller's cheques alone as these are less and less readily cashed as clients use them very little.

Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates:
www.xe.com

How much emergency money should I bring on this trip?

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Do I need to pay a departure tax?

Usually included in international air ticket

Should I be tipping on my trip?

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €6-8 per person, per day can be used as a guideline.

What activities are optional on this trip?

Catania

- Catania Food Tour

Noto

- Noto Visit (12EUR per person)

Syracuse

- Parco Archeologico della Neapolis Visit (10EUR per person)

Isole Egadi

- Egadi Islands Excursion (Full-Day) (50-75EUR per person)

Erice

- Erice Excursion (Half-Day) (9EUR per person)

Zingaro Natural Reserve

- Riserva Naturale dello Zingaro Excursion (Full-Day) (50-70EUR per person)

Palermo

- Palermo food tour

Are there any health considerations I should know before travelling?

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

What do I need to know to about safety and security on my trip?

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

What are the trip specific safety considerations?

Always keep an eye on your belongings especially in major cities, bus and train terminals.

What rules should I know before joining this trip?

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

Is travel insurance required for my trip?

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

What is Planeterra?

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

How should I dress to respect local customs during the tour?

In Italy, shoulders should be covered while visiting churches and cathedrals. Ask your CEO for more specific advice.

How can I share feedback about my trip experience?

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Does G Adventures have an email newsletter I can subscribe to?

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

How old must I be to join this trip?

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

Are international flights included in this trip?

No, international flights are generally not included in the price of your tour.

However, on some combo tours travelling between two different countries, international flights are included as part of the itinerary and price of the tour. Please speak to your GCO or booking agent for further details.

In addition, check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

What should LGBTQ+ travellers know about safety and travel considerations on this trip?

The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.