



JAPAN WITH PRIDE ADVENTURES

Packing Checklist

March 24 – April 1, 2026

Trip Style: Active Cultural Adventure | Rail & Temple Stay

Overview & Weather

Late March – early April = cherry-blossom season! Expect cool mornings and mild afternoons.

- **Tokyo / Osaka / Kyoto:** 50–65 °F (10–18 °C)
 - **Hakone & Mount Kōya:** 40–55 °F (5–12 °C)
 Layer up — light layers + rain jacket = best combo.
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Essentials

- Passport (6 + months valid)
- Travel insurance (\$200 K coverage min)
- Printed/digital copies of docs & itinerary
- Credit/debit cards + cash in yen
- Reusable water bottle & small daypack
- Carry-on roller or backpack < 160 cm (L+W+H)
- Overnight bag for Mount Kōya & Hakone

 Main luggage is forwarded twice (Osaka→Hiroshima and Kyoto→Tokyo) and unavailable for 24–36 hours each time.

Yen & Cash Tips

- Japan is cash-heavy; many small restaurants and temples don't take cards.
 - **Easiest:** Withdraw yen at the airport or 7-Eleven / FamilyMart ATMs after arrival (U.S. exchange rates are poor).
 - Start with ¥30,000–¥40,000 (~\$200–275 USD).
 - Cards work at major hotels and larger shops only.
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Clothing & Layers

- 3–5 casual tops 1–2 long-sleeves
 - Light sweater or fleece Insulated jacket
 - 2–3 pants Temple-appropriate outfit
 - Sleepwear (shorts + T-shirt or pajamas — appropriate for shared temple stay)
 - Rain jacket / umbrella 1 nicer outfit (optional)
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Footwear

- Comfortable walking shoes (10–15 K steps/day)
 - Slip-ons / sandals for temples Flip-flops for onsen or shared baths
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Toiletries & Health

- Basic toiletry kit Small towel
 - Sunscreen & SPF lip balm First aid basics
 - Earplugs / eye mask Tissues & wipes
 - Medications (in original packaging)
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Travel Musts

- Universal adapter (Type A/B, 100 V)
 - Power bank / phone charger
 - Reusable shopping bag
 - Pen (for customs forms)
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Cultural & Trip Tips

- Shoes off indoors — wear nice socks.
 - Temple stay = futons, vegetarian meals, shared baths, quiet mornings.
 - Onsens are nude and gender-separated (cover tattoos if needed).
 - Pack light — you'll carry bags through stations and stairs.
 - Group of 17 = expect small-group meals at cozy restaurants.
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Bullet Train Luggage Rules

Your bag must be under 160 cm (L+W+H). Use a carry-on sized roller or backpack only. Remember: you'll carry it through stations — pack smart and light!